

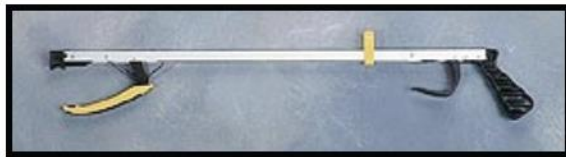


Adaptive Equipment Post-Operative Care

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HOW TO USE YOUR ADAPTIVE EQUIPMENT

REACHER/GRABBER



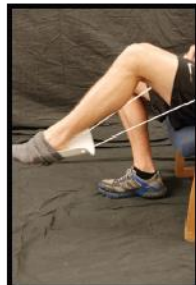
- The reacher helps people with limited range of motion to put on and take off lower body clothing, dry lower legs & retrieve items from floor level or out of reach places.



SOCK AIDE



- This item is used to put on your socks. Place the sock on the plastic insert and pull sock on with ropes using both hands.



LONG HANDLED SHOE HORN



- This item is used to help put on your shoes; it may be used along with the reacher to grab the tongue of the shoe.



ELASTIC SHOE LACES



- Exchange your laces for these to make it easier to put your tie up shoes on and take them off. Use with the reacher and long handled shoe horn.

LONG HANDLED SPONGE



- Use your sponge to wash your operated leg and back while sitting in the shower or tub on a bath chair.

DRESSING STICK



- Use this item to push off socks or pull up pants, can be used instead of reacher if easier.
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ADAPTIVE EQUIPMENT

Below are some available options to increase your safety and independence while performing self-care activities at home. One or more of these durable medical equipment items may be recommended by your Occupational Therapist during your hospital stay.



Bath/Shower Chair



3 in 1 Bedside Commode



Bathtub Grab Bar



Tub Transfer Bench



Raised Toilet Seat



Hand Held Shower
